ICDC 2025 Summer Schedule June 9th – August 6th

	June 9" – August (<u>o```</u>	
MONDAYS			
Studio A	Studio B	Studio C	Studio D
	9:00-10:00am L3-5 Acro & Tricks 10:00-11:00am L6/7 Acro & Tricks 11:00-11:45pm L6/7 Improv/Combo 11:45-12:15pm Advanced Pom	9:00-10:30am L6/7 Ballet, Pre/Beg/Pointe 10:30-12:00pm L3/5 Ballet & Pointe	
		12:15-12:45pm Advanced Tap	
		12:45-1:15pm Heels C/D	
		1:15-1:45pm L5/7 Across the Floor & Turns	
4:00-4:45pm L1 Jazz/Pom/Acro Technique	4:30-5:00pm Bitty Ballet	4:00-4:45pm L1-4 Acro & Tricks	
5:00-5:45pm Ballet/Tap & Jazz (7-8)	5:00-5:45pm Ballet, Tap & Tumble (4-6)	4:45-5:45pm L1/2 Ballet	
5:45-6:30pm Hip Hop (7-12)	5:45-6:30pm L3/4 Jazz	5:45-6:30pm Beginning Tap	5:45-6:30pm Hip Hop 4-6
6:30-7:15pm 9+Ballet/Tap/Jazz 7:15-8:00pm 9+ Cont/Lyrical	6:30-7:00pm Intermediate Pom	7:15-7:45pm L3 Stretch & Strength	
7.13-8.00pm 3+ Conty Lyncar		7:45-8:15pm L3 Jumps Leaps & Turns	
TUESDAYS			
Studio A	Studio B	Studio C	Studio D
	3:30-4:00pm Heels B		
	4:00-4:30pm 2/3 Jazz	4:00-4:45pm Intermediate Tap	
	4:30-5:00pm Beginning Pom	4:45-5:30pm L4/5 Improv/Combo	
	5:00:5:30pm Heels A	5:30-6:15pm L4/5 Stretch & Strength	
	5:30-6:00pm L2/3 Improv & Comb	6:15-7:00pm L4/5 Jumps, Leaps & Turns	
	6:00-6:30pm L2 Stretch & Strength 6:30-7:00pm L2 Jumps Leaps & Turns	7:15-8:30pm L3-6 Ballet & Pre/Pointe	
	0.30-7.00pm L2 Jumps Leaps & Tums		
<u>WEDNESDAYS</u>			
Studio A	Studio B	Studio C	Studio D
		9:00-9:45am L6/7 Strength Training	
)	9:45-10:30am L6/7 Flexibility Extensions	
		10:30-11:00am L6/7 Jumps and Leaps	
		11:00-11:30am L6/7 Turns	

11:30-12:30pm L6/7 Pointe 12:30-1:15pm SR Small Cont. Team